

Newsletter Summer 2010

GUIDE & PALS is pleased to be offering a new outreach service - the GUIDE & PALS Information Bus, which provides us with the opportunity to take health, social care and disability information out into the communities of Gloucestershire, all around the county. Details of venues will be advertised locally and listed on the [GUIDE](http://www.guide-information.org.uk) web page at www.guide-information.org.uk Karen Collyer is the Bus Coordinator and main driver, as well as being one of our GUIDE Information Officers. She is keen to hear about any suggestions for venues, and from colleagues who may wish to join us on the bus in order to promote key messages in health, social care and disability. Karen can be contacted on 08000 151548 - office, 07717 224678 mobile or email karen.collyer@glos.nhs.uk



The Butterfly Garden – a project for students with learning disabilities and behavioural problems. Set in a quarter acre of land behind Dundry Nurseries it provides opportunities for learning through acquiring gardening and land skills, offering an inspirational, safe and social environment, teaching responsibility and building confidence. There is no cost to the students themselves. It is a member of THRIVE, the horticultural therapy charity and supported by volunteers.

Contact Chris Evans, The Butterfly Garden,
The Brambles,
Bamfurlong Lane,
Staverton, Cheltenham GL51 6SL
Tel. 01452 713068
Registered charity no. 1133233
www.thebutterflygarden.org
info@thebutterflygarden.org



Staffing News – GUIDE & PALS would like to extend a warm welcome to Merci Rebati and Nic Moorey who have joined the GUIDE & PALS team. Merci has taken on the role of GUIDE & PALS Information Officer whilst Nic will be working alongside Debbie Mitchell providing Admin and Secretarial support for the team.

GUIDE & PALS has received a number of calls about reclaiming prescription charges unexpectedly incurred as a result of the recent travel disruptions cause by the ash cloud. Claims should be made in writing, with full supporting evidence to:
Medicines Management Team, Sanger House, 5220 Valiant Court, Gloucester Business Park, Brockworth, Gloucester, GL3 4FE

Direct Access to Physiotherapy for Musculoskeletal problems in Gloucester, Forest of Dean, Cheltenham and Tewkesbury localities

We have had some feedback that a number of GPs may be unaware of the 'Physio Direct' service for adults with musculoskeletal problems.

'Physio Direct' is a telephone assessment and management service for adults with musculoskeletal problems, which is provided from your locality physiotherapy department. An electronic version of the 'Physio Direct' leaflet and poster to provide information for patients on how to access the service is available.

Please contact Lisa.Bowley@glos.nhs.uk who will supply you with information for your locality.

Direct Access to Physiotherapy for Musculoskeletal problems in the Cotswolds, Stroud and Berkeley vale.

For information about the Physio Direct services operating in these localities please contact Claire.Heley@glos.nhs.uk

The Key – do you work with families that have a disabled child? Are they struggling to find activities for the summer holidays?

This summer there are 3 FREE family fun days taking place across the county. As well as providing free sports and arts activities, Dave Benson Philips will be doing a live show and be available for autographs. Families will also have the opportunity to gather information from local support services in Gloucestershire too.

The Key, in partnership with Gloucestershire County Council, Active Gloucestershire and GLOSS will be offering Key families free sports activities during the school holidays and reductions on some creative arts activities. Please check with The Key for further details. Throughout the year, all children who are registered with The Key can get a free swimming pass to use in their district. Parent Carers are either able to accompany the child for free or go in at a reduced cost.

The Key is Gloucestershire's register for children with a disability and provides a completely free and confidential, proactive information service for any family in Gloucestershire with a disabled child aged 0-19 years. If you would like to find out more about **The Key**, or to request an application form, please contact **08456 583857** or email thekey@glos.nhs.uk

Our contact details: GUIDE & PALS
Sanger House, 5220 Valiant Court,
Gloucester Business Park, Brockworth,
Gloucester, GL3 4FE
Free phone: 0800 0151 548
Tel: 08456 583 888