

**LUNCHEON AND
SOCIAL CLUBS
IN THE
GLOUCESTER
AREA**



These luncheon clubs, social clubs and day centres in the **Gloucester** area are generally for older people. They provide opportunities to make new friends, often with a meal or refreshments. The club may also organise entertainments and excursions, and activities such as bingo, cards, dominoes, darts, skittles and board games.

This list has been compiled in good faith, but we cannot guarantee that these details have not changed since we last contacted the providers. Neither is this list a recommendation for any of the clubs or day centres included.

Please note – many of these organisations are run wholly or partly by volunteers, for social, recreational and leisure purposes – and normally do **not** provide Day Care facilities. For information about Day Care, please contact the Community and Adult Care Directorate Helpdesk on 01452-426868, or GUIDe.

Please contact the club or centre direct for further information on its activities and how to join. Unfortunately, some may also have a waiting list.

If you find this list to be inaccurate or have any suggestions for it, please contact:


GUIDe Information Service
FREEPOST RRYK-KSGT-AGBR
Sanger House, 5220 Valiant Court
Gloucester Business Park, Brockworth
Gloucester
GL3 4FE
Phone: 0845-658-3888



enquiries@guide-information.org.uk

Please contact GUIDe if you need information on any other support services in Gloucestershire

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|----------------------|---|------------------------|------------|
| Organisation: | Quedgeley and District Luncheon Club | | |
| Comment: | The club meets every Friday at Quedgeley Community Centre, School Lane from 11:00am to provide a lunch for pensioners. Lunch is served at 12 noon and must be booked by 12:00 the previous day with Beryl Cottam on 01452-725116. Lunches are now cooked on the premises. Come and enjoy some company and home-cooked food for £2.50. | | |
| Address: | Quedgeley Community Centre 15-17 School Lane, Quedgeley Gloucester GL2 4PJ | e-mail: | |
| | | Cost: | £2.50 |
| | | How to Contact: | |
| Phone: | 01452-725116 | Accessibility: | Yes |
| Fax: | 01452-721500 | Transport: | None |
| Contact name: | Beryl Cottam | Who is it for: | Pensioners |

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|----------------------|---|------------------------|--|
| Organisation: | Civil Service Retirement Fellowship - Hucclecote | | |
| Comment: | Meetings are held on the first Thursday of each month at the Evangelical Church, Colwell Avenue, Hucclecote from 2:00pm until 4:30pm. There is ample car parking space. A variety of speakers and activities are arranged for meetings and outing are also organised. They have also (so far) arranged a five day holiday break in early October each year. This branch covers members from Hucclecote, Abbeydale, Abbeymead, Barnwood, Brockworth, Churchdown, Longlevens and Longford areas, and since the closure of the Tuffley Group, welcomes members from all Gloucester City areas.  | | |
| Internet: | www.csrff.org.uk/branches/branch.asp?b=152 | | |
| Address: | 42 Trevor Road Hucclecote Gloucester GL3 3JL | e-mail: | |
| | | Cost: | £1.00 per meeting |
| | | How to Contact: | Contact direct |
| Phone: | 01452-618069 | Accessibility: | Car parking at the rear of the premises, no stairs |
| Contact name: | Mrs. B. Arnold | Who is it for: | Retired Civil Servants and partners |

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|----------------------|--|------------------------|--|
| Organisation: | Great Western Court Day Centre | | |
| Comment: | Open on Tuesdays from 9:00am to 3:00pm, the cost at the Day Centre is £2.50 per day for lunch, plus an assessed daily charge (maximum £15.00 per day). Clients can be transported to and from the Centre in a mini-bus which has a tail lift. The Centre provides social activities which are very much dictated by the Group; however staff to provide other suggestions, but are always flexible and open to other ideas. Sessions regarding welfare benefits, safety in the home and crime prevention are also arranged. Bathing is carried out by community nursing staff. | | |
| Address: | 33A Millbrook Street Gloucester GL1 4BP | e-mail: | angela.neilens@gloucestershire.gov.uk |
| | | Cost: | See text in Service Details |
| | | How to Contact: | Via Social Services Helpdesk - 01452-426868 |
| Phone: | 01452-423495 | Accessibility: | Purpose built Centre |
| | | Transport: | Transport provided within one mile radius |
| Contact name: | Angela Neilens | Who is it for: | Older people |

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|----------------------|---|------------------------|-----------------------------------|
| Organisation: | St. Aldate's Monday Luncheon Club | | |
| Comment: | This Luncheon Club is essentially, but not exclusively, for older people. It meets on Mondays at noon in the Jubilee Room at St. Aldate's Church, Finlay Road, Gloucester. A two course lunch is provided with tea or coffee. For further information, contact Elaine Porter on 01452-414067 or the Vicar on 01452-523906. If you do wish to have a lunch, Mrs. Porter needs to know by Sunday evening. | | |
| Address: | St. Aldate's Church Finlay Road Gloucester GL4 6TN | e-mail: | |
| | | Cost: | £2.40 each lunch |
| | | How to Contact: | Contact direct by phone or letter |
| Phone: | 01452-414067 (Elaine Porter) | Accessibility: | Yes |
| Contact name: | Elaine Porter | Who is it for: | All people |

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|----------------------|--|------------------------|--------------------------------------|
| Organisation: | Tuffley Luncheon Club | | |
| Comment: | The Tuffley Luncheon Club meets weekly on Tuesdays, 12:30 to 2:00pm, at Tuffley Community Centre, Tuffley, Gloucester. | | |
| Address: | Tuffley Community Centre Windsor Drive, Tuffley Gloucester GL4 0RS | e-mail: | |
| | | Cost: | £2.50 for lunch |
| | | How to Contact: | Initially, please phone Mrs. Clarke |
| Phone: | 01452-303143 | Accessibility: | Easy, as Club is on the ground floor |
| Contact name: | Mrs. Christine Clarke | Who is it for: | Everyone welcome |

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|----------------------|---|------------------------|---|
| Organisation: | Swinging Sixties Pensioners Club | | |
| Comment: | The Swinging Sixties Pensioners Club meet on every third Wednesday in the month. The venue is the lounge of St. Catherine Court. They organise and arrange such things as: + regular trips and outings; + raffles and quizzes; + tea, coffee and biscuits. | | |
| Address: | St. Catherine Court Wheatstone Road Gloucester GL1 4PX | e-mail: | |
| | | Cost: | £1.00 per month |
| | | How to Contact: | Contact the secretary direct, or just drop-in |
| Phone: | 01452-537950 | Accessibility: | |
| Contact name: | Mrs. Christine Ives | Who is it for: | Anyone over sixty - ladies and gentlemen |

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|----------------------|--|------------------------|--|
| Organisation: | Raven Centre Drop-In | | |
| Comment: | The Raven Centre is a drop-in for the elderly and / or disabled, situated in Hare Lane, Gloucester. It's a place where people can come and meet their friends or make new friends over a cup of tea and / or other refreshments. They sell hot beverages - tea, coffee and hot chocolate - and light snacks such as hot buttered toast, toasted teacakes, crumpets, sandwichees and cake, all at very reasonable prices. The Raven Centre is run solely by volunteers who look forward to meeting new faces - a warm welcome awaits all. | | |
| Address: | Raven Centre Hare Lane Gloucester GL1 2BB | e-mail: | gpf@kinmoor.co.uk |
| | | Cost: | No charge to visit. Small charge for refreshments |
| | | How to Contact: | Just drop-in, or phone or e-mail for details |
| Phone: | 01452-521921 | Accessibility: | Fully accessible premises |
| Contact: | Chair / Secretary | Who is it for: | Any older or disabled person in Gloucester |


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|----------------------|---|------------------------|--------------------------------------|
| Organisation: | St. Georges Day Centre - Tuffley | | |
| Comment: | The Day Centre meets on Thursdays from 10:30am to 2:30pm; all members must live in the Parish of St. Georges Church, Tuffley. A hot lunch is provided, and a range of activities organised with occasional outings. Wheelchair members are welcome; the minibus bus has floor clamps. | | |
| Address: | St. Georges Church Centre Grange Road, Tuffley Gloucester GL4 0TP | e-mail: | |
| | | Cost: | £6.50 for lunch, including transport |
| | | How to Contact: | |
| Phone: | 01452-306859 | Accessibility: | Good - no steps, disabled toilet |
| Fax: | | Transport: | Minibus with lift, Dial-a-Ride |
| Contact name: | Mrs. Joan King | Who is it for: | Elderly people in Tuffley |

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|----------------------|---|------------------------|--|
| Organisation: | Bohanam House Day Centre | | |
| Comment: | The Day Centre, managed by the Orders of St John Care Trust, is open Monday to Friday from 10:00am to 4:45pm, and takes both Private and NHS patients. Clients from within a five mile radius can be transported to and from the Centre in a minibus which has a tail-lift and can accommodate wheelchairs; the driver also has the help of an escort. The Centre offers day care and social activities, and also enjoys the use of a fully equipped hairdressing salon. Fully assisted bathing facilities are available subject to assessment. | | |
| Internet: | www.osjct.co.uk | | |
| Address: | Barnwood Park 2 Barnwood Road Gloucester GL2 0RX | e-mail: | |
| | | Cost: | £3.00 per day for social service clients, private clients £32.50 |
| | | How to Contact: | Via Duty Officer, Gloucestershire Social Services on 01452-426000 or private enquiries on 01452-876195 |
| Phone: | 01452-876195 | Accessibility: | Fully accessible |
| Fax: | 01452-309583 | Transport: | Own minibus with tail-lift and escort |
| Contact name: | Mrs. Edwards | Who is it for: | Frail, elderly people |

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|----------------------|---|------------------------|---|
| Organisation: | Brockworth Golden Age | | |
| Comment: | The Golden Age Club is a social club for people aged over sixty years. The Club meets each Monday afternoon at 2:00pm in the Church Centre, Brockworth. The membership fee is £1.50 pa. Occassional coach and theatre outings are arranged, Christmas lunch, strawberry tea, bingo, speakers, entertainers etc. There is a raffle every week and tea and biscuits are provided. | | |
| Address: | St. Georges Church Centre Court Road, Brockworth Gloucester GL3 4ET | e-mail: | |
| | | Cost: | £1.50 per year membership plus £1.00 per session |
| | | How to Contact: | Direct referral |
| Phone: | 01452-617513 | Accessibility: | Accessible |
| Fax: | | Transport: | Transport available (within Brockworth only) |
| Contact name: | Mrs. Miles | Who is it for: | People aged over sixty |


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|----------------------|---|------------------------|---|
| Organisation: | Manor Day Home | | |
| Comment: | Manor Day Home is a Day Centre for older physically and mentally disabled adults operating five days a week. The home provides a warm, caring and friendly environment and aims to provide supportive care, companionship, social stimulation and activities, and respite care. A wide range of activities are provided along with various entertainments and regular outings to places of interest. Other services provided are hairdressing, bathing and chiropody. Large gardens are used in the summer months for outside activities or guests may like to use the summer houses and just relax in the sunshine. For further information, please contact the Head of Home. | | |
| Address: | 162 Barnwood Road Gloucester GL4 3JX | e-mail: | |
| | | Cost: | £17.00 per day (as at August 2008), including refreshments and lunch |
| | | How to Contact: | Self referral, Social Services, GPs, Health Authority, family |
| Phone: | 01452-616173 | Accessibility: | Fully accessible |
| Fax: | 01452-372594 | Transport: | Transport available if required |
| Contact name: | Mrs. Lillian Harris | Who is it for: | Physical / mental / older disabled people, living in the community |

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|----------------------|--|------------------------|--|
| Organisation: | Salvation Army Over 60s Club | | |
| Comment: | This Salvation Army Over 60s Club is a social club which arranges a wide variety of meetings, including invited speakers, bring and buy sales, outings, and other activities. It is held every Thursday from 1:45 to 3:00pm, with tea and biscuits. Anyone is welcome to attend, not just members of the Salvation Army, as the club is offering social contact to all. The Salvation Army Over 60s Club is a Christian Fellowship for older people. Most members attend the Luncheon Club at 12:30pm on the same day (see separate record). | | |
| Internet: | www.gloucestersalvationarmy.org.uk | | |
| Address: | The Citadel Eastgate Street Gloucester GL1 1QU | e-mail: | office@gloucestersalvationarmy.org.uk |
| | | Cost: | Subscriptions £5.00pa. Freewill offering |
| | | How to Contact: | Contact the Salvation Army direct for details |
| Phone: | 01452-311332 | Accessibility: | Disabled WC, ramp and level access available |
| Fax: | | Transport: | Members generally use Dial-a-Ride |
| Contact name: | Major Adrian Allman | Who is it for: | Anyone over sixty wanting social contact |

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|----------------------|--|------------------------|--|
| Organisation: | Salvation Army Luncheon Club | | |
| Comment: | The Salvation Army Luncheon Club, held every Thursday at 12:30pm, offers a three course meal followed by a social club starting at 1:45pm (see separate record). Many people arrive at about 11:30am for a chat before lunch, making it a day of socialising. A special free Christmas lunch is organised for members. Some transport is available for this event through Dial-a-Ride. | |  |
| Internet: | www.gloucestersalvationarmy.org.uk | | |
| Address: | The Citadel Eastgate Street Gloucester GL1 1QU | e-mail: | office@gloucestersalvationarmy.org.uk |
| | | Cost: | £2.00 for three course meal (2008) |
| | | How to Contact: | Contact Kathy Harrison in advance to book meal |
| Phone: | 01452-721449 | Accessibility: | Disabled WC, ramp and level access. |
| Fax: | | Transport: | Dial-a-Ride used |
| Contact name: | Mrs.Kathy Harrison | Who is it for: | People over sixty attending Over 60s Club |

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|----------------------|---|------------------------|---|
| Organisation: | St. Hilda's Luncheon Club | | |
| Comment: | Saint Hilda's Luncheon Club is held on Tuesdays, Wednesdays and Thursdays from 10:00am to 2:00pm. On offer is a three course meal consisting of a starter, a main course and a dessert. They hold a daily raffle, and offer the option of joining the 100 Club. Transport is provided by the Club for people living within five miles of Matson for a nominal charge (return fare). For those people living more than five miles away, transport is available from Dial-a-Ride. On Thursday mornings they also have a communion service. | | |
| Address: | Redwell Road Matson Gloucester GL4 9JC | e-mail: | sthilda@matson95.fsnet.co.uk |
| | | Cost: | Meals £3.50 a day plus a small charge for transport |
| | | How to Contact: | Contact St. Hildas on 01452-300388 to register |
| Phone: | 01452-300388 | Accessibility: | Wheelchair accessible |
| Contact name: | Claire Gulwell | Who is it for: | People over sixty years old, retired, or with physical or learning difficulties |

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|----------------------|--|------------------------|--|
| Organisation: | Corse Lawn Women's Group | | |
| Comment: | Corse Lawn Women's Group meets once a month at Eldersfield School. They usually have a speaker who's talk is followed by coffee and biscuits and a chat. The meetings are held on on the third Thursday of the month, meeting at 7:30 for 7:45pm. Sometimes garden visits, etc. are arranged. Everyone is welcome. | | |
| Address: | Eldersfield School Corse Lawn Gloucester GL19 4NB | e-mail: | |
| | | Cost: | |
| | | How to Contact: | Initially, please contact Mrs. Cobb by phone |
| Phone: | 01452-780005 | Accessibility: | |
| Contact name: | Mrs. Julia Cobb | Who is it for: | All women from the local area |

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|----------------------|--|------------------------|---|
| Organisation: | University of the Third Age - Gloucester | | |
| Comment: | <p>The University of the Third Age (U3A) is a world-wide, self-help organisation, providing day-time educational, creative and leisure activities for anyone over the age of fifty, who is no longer in full time employment. No qualifications are needed and none are given. Members organise their own activities and offer their skill, knowledge and experience to their fellow members.</p> <p>From Monday to Friday weekly, many group meetings are held covering varied and interesting activities.</p> <p>A monthly meeting is held (on the fourth Monday of the month) at 2:15pm in the Guildhall, Eastgate Street, Gloucester. For membership details please contact Mary Angel 01452-531258.</p> | |  |
| Internet: | www.u3a.org.uk | | |
| Address: | "Orchard Way" Tibberton Gloucester GL2 8EB | e-mail: | |
| | | Cost: | £16.00pa plus 50p for every class attended |
| | | How to Contact: | Contact direct |
| Phone: | 01452-304723 | Accessibility: | Stairs to Rooms in Guildhall, lift available. |
| Contact name: | Mr. Brian Seabrook | Who is it for: | People over fifty and not in full time employment |

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|----------------------|--|------------------------|---------------------------|
| Organisation: | Quedgeley and District Golden Age Club | | |
| Comment: | <p>The Club meets on the first and third Tuesdays of each month (except August) at Quedgeley Village Hall at 2:00pm. Day outings (about three a year) and speakers are arranged. For further information contact Mrs. Jenny Sandford, who is the Leader of the club. The Secretary is Mrs. Verna Boughton.</p> | | |
| Address: | | e-mail: | |
| | | Cost: | Annual Subscription £5.00 |
| | | How to Contact: | Call Jenny directly |
| Phone: | 01452-883509 | Accessibility: | Quedgeley Village Hall |
| Contact name: | Jenny Sandford | Who is it for: | Older people |

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|----------------------|---|------------------------|--|
| Organisation: | Hucclecote Community Association | | |
| Comment: | <p>A wide range of activities takes place in the Community Centre - phone or visit the centre for contact details. Community activities and educational activities are organised, and many local groups and Societies are based in the centre.</p> <p>There is a coffee morning open to all every weekday, 9:15am to 12:30pm.</p> <p>The Centre is open 9:00am to 11:00pm, Monday to Friday, 12 noon to 11:00pm on Saturday and 12 noon to 11:00pm on Sunday.</p> <p>A bar is open for members evenings and weekends.</p> | | |
| Address: | Hucclecote Road Hucclecote Gloucester GL3 3RT | e-mail: | hca@care4free.net |
| | | Cost: | Depends on the group or activity attended, and time of day / week. |
| | | How to Contact: | Contact the Centre direct |
| Phone: | 01452-616289 | Accessibility: | All facilities on ground floor. Accessible WC |
| Contact name: | R.M. Brown | Who is it for: | Open to all members in Hucclecote and neighbourhood |

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|----------------------|--|------------------------|--|
| Organisation: | Glevum Women's Institute | | |
| Comment: | The Glevum WI group meets at St. Barnabas' Church Hall on the second Tuesday of the month, at 7:30pm. New members are welcome. | | |
| Address: | 6 Blaby Close Abbeydale Gloucester GL4 5SL | e-mail: | richard.slim@btconnect.com |
| | | Cost: | Subscription of £29.00 pa. |
| | | How to Contact: | Contact direct for details |
| Phone: | 01452-611829 | Accessibility: | Held in St. Barnabas Church Hall, on ground floor |
| Contact name: | Kate Slim | Who is it for: | Any woman interested in social and creative events |

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|----------------------|--|------------------------|--|
| Organisation: | Black Elders Day Centre | | |
| Comment: | The Day Centre meets twice weekly on Tuesdays and Thursdays between 10:00am and 4:00pm at St Catherine's Court, 2 Wheatstone Road, Gloucester. A hot meal is provided on both days. Classes include exercise for disabled people, craft activities and dominoes. The Club caters for people with disabilities. The activities are run by the Day Care officer, Mavis Grant | | |
| Address: | St. Catherine Court 2 Wheatstone Road, Tredworth Gloucester GL1 4PX | e-mail: | mavis.grant@blackelders.co.uk |
| | | Cost: | £3.00 per lunch (£3.70 for non-members) |
| | | How to Contact: | Contact direct |
| Phone: | 01452-311388 | Accessibility: | Easy access, ground level, no stairs |
| Contact name: | Mavis Grant | Who is it for: | All Afro-Caribbean citizens, generally over fifty five years |

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|----------------------|---|------------------------|--|
| Organisation: | Abbeydale Community Association | | |
| Comment: | The Abbeydale Community Association operates the Abbeydale Sports and Community Centre, offering a variety of services to people living in the Abbeydale and Abbeymead areas. Services include a Social Club, pre-school playgroups, breakfast and after-school clubs, badminton, karate, kick boxing, Tai Kwon Do, Pilates, Womens Club, Senior Citizens Club, Gloucester Friends, Diabetic Group, Gamblers Anonymous, Brownies, Rainbows, Weightwatchers, Slimming World, Dance School and dance groups, and diet and keep fit classes. The Centre has a floodlit artificial football pitch and changing rooms. It is the home of Abbeymead Rovers FC with twenty four teams, including youth teams from U6 to U16 levels, a girls' section with U10 to U16 teams and a senior men's section with two successful teams. | | |
| Address: | Abbeydale Sports and Community Centre Glevum Way Abbeydale Gloucester GL4 4BL | e-mail: | admin@abbeydale.org.uk |
| | | Cost: | Ring for details |
| | | How to Contact: | Call the Community Centre direct |
| Phone: | 01452-301492 | Accessibility: | wheelchair accessible |
| Contact name: | Diane Tickner | Who is it for: | Anyone living in the Abbeydale / Abbeymead areas |

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|----------------------|--|------------------------|--|
| Organisation: | Asian Elders | | |
| Comment: | Asian Elders provides social contact for Asian Elders aged fifty five and over, in the Gloucester area. Aims to increase awareness of statutory services available to the older asian community, and to help resolve any problems experienced by this group. Services offered include day care provision by Social Services, meals, social interaction, trips etc. Currently all meetings are held at Hatherley Road Day Centre as follows: Tuesdays 10:00am to 2:00pm (service provisions for women); Thursdays 10:00am to 2:00pm for Asian women; Saturdays and Sundays 2:00 to 6:00pm for Asian men. | | |
| Address: | Hatherley Road Day Centre Hatherley Road Gloucester GL1 4PW | e-mail: | haroon.kadodia@gloucestershire.gov.uk |
| | | Cost: | Nominal annual membership |
| | | How to Contact: | Contact direct |
| Phone: | 01452-426074 | Accessibility: | Fully accessible. |
| Fax: | 01452-426147 | Transport: | Can be provided |
| Contact name: | Haroon Kadodia / Hajra Siday | Who is it for: | Older members of the Asian community - fifty five and over |


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|----------------------|--|-----------------------|--------------|
| Organisation: | Luncheon Club - Tredworth | | |
| Comment: | This Luncheon Club meets every Wednesday at 12:30pm in Porky's Bar in the Golden Hart pub in Tredworth. All are welcome. | | |
| Address: | The Golden Hart 85 High Street, Tredworth Gloucester GL1 4SY | Cost: | Nominal |
| | | Phone: | 01452-311894 |
| | | Accessibility: | Yes |
| Contact name: | Sheila Long | Who is it for: | Over sixty's |

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|----------------------|---|------------------------|--|
| Organisation: | Churchdown Community Centre | | |
| Comment: | The Churchdown Community Centre is run by Churchdown Community Association and is a registered charity. It is open to all residents of the Churchdown area, and offers social, leisure and educational opportunities to individuals and groups. Details of the various activities held at the Community Centre are available on request. The Centre is privately owned by its members and is not a Local Authority building. Facilities include a large hall, a meeting room, a skittle alley, games, members lounge bar and extensive grounds with car parking for one hundred cars. The office is open from 9:00am to 1:00pm, Monday to Friday. To contact CCA Club bar phone 01452-855284 | | |
| Internet: | www.churchdowncommunityassociation.org.uk | | |
| Address: | Parton Road Churchdown Gloucester GL3 2JH | e-mail: | |
| | | Cost: | Individual membership open to over eighteens. Details on request |
| | | How to Contact: | Contact Joan Trinder direct |
| Phone: | 01452-712553 | Accessibility: | Access for disabled people, no stairs |
| Fax: | 01452-715038 | Transport: | |
| Contact name: | Joan Trinder | Who is it for: | Anyone living in the Churchdown area |

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|----------------------|---|------------------------|---|
| Organisation: | Churchdown Age Concern Luncheon Club | | |
| Comment: | The Churchdown Age Concern Luncheon Club is available at Churchdown Community Centre twice a month (first and third Thursdays). There is only one lunch in December - Christmas Dinner. Approximately forty lunches are served and anyone who wishes to join should call the Organiser. Transport is provided by a minibus with a tail lift, and fully equipped for wheelchair users. | | |
| Address: | Churchdown Community Centre Parton Road Churchdown Gloucester GL3 2JH | e-mail: | |
| | | Cost: | Lunches cost £3.00 (as at September 2008) |
| | | How to Contact: | Simply contact Peggy Jenkins |
| Phone: | 01452-712792 | Accessibility: | Fully accessible |
| Fax: | | Transport: | Minibus available - a donation of £1.50 requested |
| Contact name: | Peggy Jenkins | Who is it for: | Older people (over sixty) in the Churchdown area |

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| Organisation: | Golden Years Luncheon Club | | |
| Comment: | The Golden Years Luncheon Club aim to provide low-cost culturally appropriate meals for elderly members of the Afro-Caribbean community. The sessions are held twice a week (on Mondays and Thursdays from 10:00am to 4:00pm) and help to combat social exclusion and isolation. The Club provides a range of activities, including basic skills and education courses and social trips / outings. The Chairman is Pastor Cyrus Scott, who can be contacted on 07966-446643. Meals on wheels are also available. | | |
| Address: | c/o New Testament of God Stroud Road Gloucester | e-mail: | |
| | | Cost: | Details on request |
| | | How to Contact: | Contact direct |
| Phone: | 01452-414195 | Transport: | Help with transport may be available |
| Contact name: | Flo Palmer | Who is it for: | Anyone from the elderly Afro-Caribbean community |

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|----------------------|--|------------------------|---|
| Organisation: | Royal Air Forces Association - Gloucester Branch | | |
| Comment: | <p>The Royal Air Forces Association (RAFA), a registered charity, exists to help all ex-Royal Air Force Personnel and their families and dependents. People do NOT have to be members of RAFA to receive help. Club activities include Luncheon Club on the second Wednesday in the month. Hot snacks are available at lunch times from Monday to Friday and roast dinners are available from £1.90 between 12 noon and 1:15pm from Tuesdays to Fridays. Dances are held only on last Saturday in the month. The club is open daily from mid-day to 2:30pm and from 7:00pm to 11:00pm in the evenings (open until midnight on a Saturday).</p> <p>Contact the Membership Secretary, Frank Moss on 01452-713517 or the Club Steward on 01452-522342.</p> <p>The Royal Air Forces Association provides short breaks (one or two weeks) convalescence / respite care for ex RAF personnel, their spouses and dependent children. The Royal Air Forces Association Welfare Officer is the local agent for the RAF benevolent fund. The fund may help those who have financial problems - or needing stairlifts, electric scooters, home repairs, decorations, etc.</p> | | |
| Address: | Norfolk House 6 Spa Road Gloucester GL1 1UZ | e-mail: | |
| | | Cost: | Annual Subs £15.00pa |
| | | How to Contact: | Telephone the Welfare Officer on 01452-424494 |
| Phone: | 01452-424494 | Accessibility: | Wheelchair access to ground floor only |
| Contact name: | Jim Davis | Who is it for: | Serving and ex-RAF service personnel and dependants |

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|----------------------|---|------------------------|--|
| Organisation: | Gloucester and District Alzheimers Society - Lunch Club | | |
| Comment: | <p>The Gloucester and District Alzheimers Society Luncheon Club meets on Thursdays at the Kimbrose Day Centre in London Road, from 11:00am to 2:00pm. It is aimed at people with dementia and the carers living in the Gloucester area.</p>  | | |
| Internet: | www.alzheimers.org.uk/Gloucester | | |
| Address: | The Kimbrose Centre St. Margarets, London Road Gloucester GL1 3PH | e-mail: | glosalzheimers@btconnect.com |
| | | Cost: | Details on application |
| | | How to Contact: | Contact direct for further information |
| Phone: | 01452-525222 | Accessibility: | Yes |
| Contact name: | Ann Carter | Who is it for: | People with dementia, families, carers, and professionals |

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| Organisation: | Longlevens Women's Institute | | |
| Comment: | <p>Affiliated to the National Federation of Women's Institutes, this local branch provides many social and craft activities. Outings are arranged throughout the year. The branch meets on the second Wednesday of each month from 2:00 to 4:30pm at Longlevens Village Hall, Church Road, Gloucester.</p> | | |
| Address: | 3 Fleming Close Longlevens Gloucester GL2 0TU | e-mail: | |
| | | Cost: | £29.00pa WI membership, 35p per meeting |
| | | How to Contact: | Contact direct for meeting details |
| Phone: | 01452-312813 | Accessibility: | Yes |
| Contact name: | Mrs. D. Wintle | Who is it for: | Any women interested in meeting for social and craft activities |

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| Organisation: | Brockworth Day Centre | | |
| Comment: | A social lunch club is provided for older people, meeting at the British Royal Legion, on Wednesdays between 9:30am and 12:30pm. The weekly fee covers the cost of transport for their occasional trips out, and running costs (tea / coffee etc.) The club is only available to residents of Brockworth. | | |
| Address: | Royal British Legion Vicarage Lane Brockworth Gloucester GL3 4EZ | e-mail: | |
| | | Cost: | £2.00 per week |
| | | How to Contact: | Contact Carol Neal direct |
| Phone: | 01452-862257 | Accessibility: | Accessible, on one level |
| Fax: | | Transport: | Minibus available if Brockworth resident |
| Contact name: | Carol Neal | Who is it for: | Older people - Brockworth residents only |

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|----------------------|--|------------------------|--|
| Organisation: | St. Patrick's Welcome Club | | |
| Comment: | The Welcome Social Club is attached to Saint Patrick's Church, but you do not have to attend the church to join the Club. It meets every Wednesday 2:00 to 4:00pm during term time (the Club breaks for the school holidays to cater for members with family commitments). The Club arranges outings four times a year, in addition to guest speakers, quizzes, table games, slide shows and other activities. Men and women are equally welcome, although there are no male members at present. The Club has forty plus members, most of whom are over fifty five. Alternative contacts are Father Chris Hickey on 01452-862709 and Sheila Hampson on 01452-558519. St. Peter's is a Catholic Church but the club is non-denominational. | | |
| Address: | St. Patrick's Church Centre Green Street, Brockworth Gloucester GL3 4HL | e-mail: | |
| | | Cost: | £1.00 per session |
| | | How to Contact: | Contact the Club direct |
| Phone: | 01452-617429 | Accessibility: | Accessible premises |
| Fax: | | Transport: | Transport may be arranged if this is a difficulty - currently have use of Brockworth parish Council mini-bus |
| Contact name: | Patricia O'Connor | Who is it for: | Anyone in the Brockworth area |

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|----------------------|---|------------------------|---|
| Organisation: | Gloucester Hindu Elders Welfare Group | | |
| Comment: | This is a voluntary group supported by Social Services, established to provide a culturally appropriate meeting place for elderly and disabled Hindus. They currently meet once week at a local community centre, Charter Court, Victoria Street, Gloucester. Activities include meditation, religious chanting, board games, arts and crafts and includes visits from speakers eg. Social Services, City Council, Age Concern etc. A culturally appropriate meal is provided at a minimal cost. Coach outings are arranged to religious sites, the seaside and places of social and cultural interest. | | |
| Address: | Charter Court Victoria Street Gloucester GL1 4EP | Cost: | £2.50 for meals plus transport (Dial-a-Ride) |
| | | How to Contact: | Contact Hasumati Mistry of the Gloucester Hindu Elders Welfare Group direct |
| Phone: | 853-290011 | Accessibility: | Yes |
| Fax: | | Transport: | Transport available and close to public transport route |
| Contact name: | Hasumati Mistry | Who is it for: | Elderly Hindu men and women aged fifty five and over |

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|----------------------|---|------------------------|--|
| Organisation: | St. John's Church Day Centre, Churchdown | | |
| Comment: | Established in the 1950's, this voluntary Day Centre is held at Saint John's Church Hall, Churchdown. Held fortnightly on Tuesdays between 10:30am and 3:00pm approximately, it provides social contact and gentle activities (such as bingo and raffles) for older housebound or frail people in the Churchdown and Innsworth area. The maximum number is twenty five people. A freshly prepared lunch (cooked on the premises) is provided at midday and transport by minibus is provided if required. Cost is £2.70 per day (including lunch and raffle), plus 20p for bingo and £1.40 for the minibus. The atmosphere is friendly and everyone is welcome. | | |
| Address: | c/o 200 Cheltenham Road East Churchdown Gloucester GL3 1AL | e-mail: | |
| | | Cost: | £2.70 per day including lunch and raffle |
| | | How to Contact: | Contact Mrs. Stephenson direct |
| Phone: | 01452-713585 | Accessibility: | Fully accessible premises |
| Fax: | | Transport: | Minibus transport if required (cost £1.40) |
| Contact name: | Mrs. Audrey Stephenson | Who is it for: | Any older person in the Churchdown and Innsworth areas |

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| Organisation: | Longlevens Senior Citizens Luncheon Club | | |
| Comment: | The Longlevens Senior Citizens Luncheon Club meets at Kendal Road Baptist Church Hall on two Wednesdays per month (except August) at 12 noon. On the days that the luncheon club runs, there is also a senior citizens' coffee morning, at which non-members are welcome, from 11:00am to 12:00 noon. An alternative contact is the Pastor (01452-520752). | | |
| Address: | Kendal Road Baptist Church Hall Kendal Road Gloucester | e-mail: | |
| | | Cost: | £2.50 |
| | | How to Contact: | Contact direct |
| Phone: | 01452-306857 | Accessibility: | Yes |
| Contact name: | Mrs. P. Latham | Who is it for: | Senior citizens |

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|----------------------|---|------------------------|--|
| Organisation: | Library Clubs | | |
| Comment: | <p>Library clubs are available in many parts of the County as a way of bringing housebound people to the library. Where these clubs exist, transport to the library is provided and people usually visit the library once a month. The clubs are held monthly, and serve over three hundred housebound people. Most club meetings last around ninety minutes - some held while the library is closed to the general public, some are held when the library is open.</p> <p>Staff are always on hand, with volunteers to assist and support. They can accommodate wheelchair users and people with sensory loss. Customers can have a cup of tea and a chat while they choose their books.</p> <p>If you are interested in this idea, ask the librarian whether a club operates in your area or click on the link to the Gloucestershire libraries web page and follow the links from there.</p> | | |
| Internet: | www.libraries.gloucestershire.gov.uk/index.cfm?articleid=11552 | | |
| Address: | | E-mail: | libraryhelpline@gloucestershire.gov.uk |
| | | Cost: | Free service |
| | | How to Contact: | Contact direct |
| Phone: | 0845-230-5402 | Transport: | Transport can be provided |
| Contact name: | | Who is it for: | Housebound people |



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|----------------------|--|------------------------|--|
| Organisation: | Tuffley Community Association | | |
| Comment: | The Tuffley Community Association serves the catchment area of Podsmead and Tuffley Wards, but offers Associate Membership to those living outside that area. The Over Sixtys meet weekly and they and other Sections cover a wide variety of social, educational and recreational activities which are encouraged for young and old. New ideas to meet the changing needs of the neighbourhood are always welcome. Activities include: + Monday - bingo, darts; + Tuesday - WRVS Luncheon Club; + Wednesday - Brownies, Ladies T.A.L.C. and Wine Circle (monthly), darts, Wednesday Club; + Thursday - Over 60s, table tennis; + Fridays - darts; + Daily – skittles. | | |
| Address: | Tuffley Community Centre Windsor Drive, Tuffley Gloucester GL4 0RS | e-mail: | |
| | | Cost: | Over 60s £5.00, family £10.00, single £8.00 |
| | | How to Contact: | Self referral |
| Phone: | 01452-529772 | Accessibility: | Ground floor premises, easy access. Car Park |
| Contact name: | Mr. M. Skidmore | Who is it for: | Local Residents |

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|----------------------|---|------------------------|---------------------------------|
| Organisation: | Maisemore Friendship Club | | |
| Comment: | Maisemore Friendship Club meets in the village hall on alternate Thursdays, from 10:00am to 3:00pm. Coffee, lunch and tea are provided. Activities and entertainment are also provided, and outings are arranged. | | |
| Address: | Maisemore Village Hall Maisemore Gloucester | Cost: | £5.00 per session |
| | | How to Contact: | Phone or write to Mrs. Williams |
| Phone: | 01452-523725 | Accessibility: | Yes |
| Fax: | | Transport: | Limited transport availability |
| Contact name: | Mrs. Mary Williams | Who is it for: | Retired / elderly people |

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|----------------------|---|------------------------|---|
| Organisation: | Highnam and District Day Centre | | |
| Comment: | This small Day Centre group meets on the third Wednesday of each month at the Old School in Highnam - telephone Mrs. Whisson to establish next date. People mainly come from the Highnam area and other surrounding villages. Numbers are limited so there may be a waiting list, especially if lunch is required. Opening hours are 10:30am to 3:30pm, but some members attend only in the afternoon for the entertainment and social contact which starts at 1:45pm. Morning coffee and afternoon tea are also provided at no extra cost. The group is affiliated to Age Concern, and sometimes are able to obtain guest speakers through them. A car service may be possible, through Mrs. Whisson. Special outings and Christmas lunch are usually organised. | | |
| Address: | 133 Maiden Hall Highnam Gloucester GL2 8DJ | e-mail: | |
| | | Cost: | All day including lunch £6.00. Afternoon only £1.50 |
| | | How to Contact: | Directly, via GP, Social Services or word of mouth |
| Phone: | 01452-306179 | Accessibility: | Ramp into building and disabled toilet available |
| Contact name: | Doreen Whisson | Who is it for: | Mainly for elderly and housebound people |